

San Francisco Children and Families Commission

Wednesday, October 4, 2023



San Francisco Department of
Early Childhood

2. Roll Call



3. Approve Amended Agenda



Amended Agenda

1. Call to order
2. Roll call
3. Approve Amended Agenda
4. Discussion and possible action to approve the June 7, 2023 meeting minutes (Action item)
5. General public comment
6. Discussion and possible action to approve the Request for Proposals (RFP) DEC24-2: San Francisco Family Resource Center Initiative (Action Item)
7. Help Me Grow and Developmental Screening Initiative presentation and update (Discussion Item)
8. Discussion and possible action to approve the Request for Proposals (RFP) DEC24-2: San Francisco Family Resource Center Initiative (Action Item)
9. Update on Annual Audit and State Report (Discussion Item)
10. Commissioner updates
11. Executive Director updates
12. Adjourn



4. Discussion and possible action to approve the June 7, 2023, meeting minutes



5. General Public Comment



Family Resource Center Initiative RFP

Commission Update and Approval

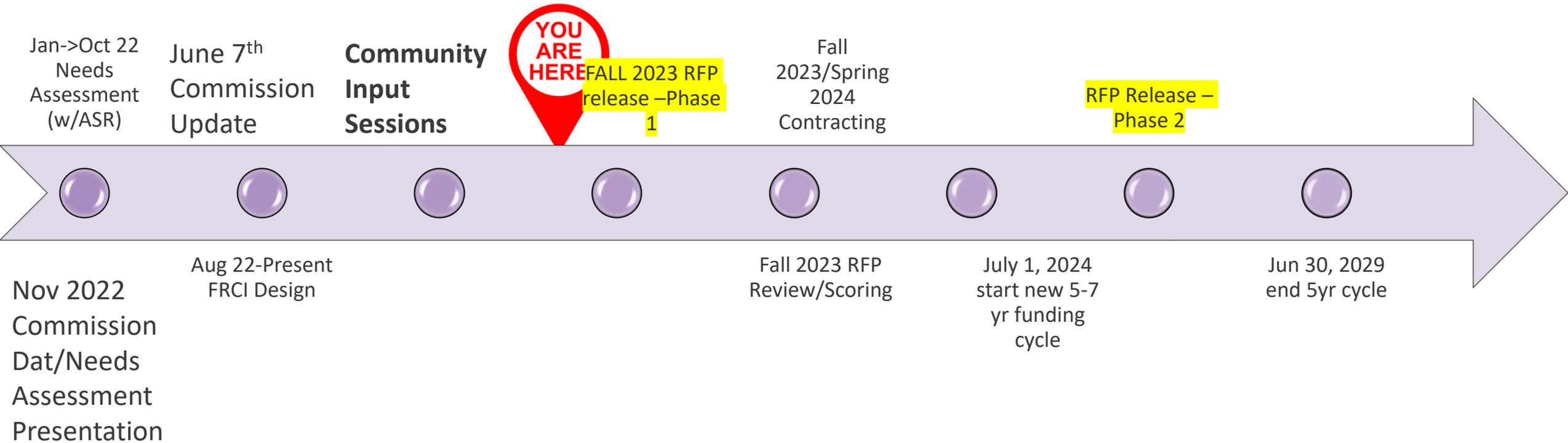
October 4, 2023



San Francisco Department of
Early Childhood



Timeline



Predictors of Kindergarten Readiness

(From 2007, 2009, and 2015 Assessments)

Research shows that being ready for kindergarten is a key educational benchmark that leads to continued success in future years.

All children need the support of family, community, and systems to be ready for kindergarten.



Dept of Early Childhood Theory of Change

Mission: To weave together family, community, and system supports so that all children who grow up in San Francisco have a strong foundation of nurturing, health, and learning.

ISSUE STATEMENT

Research shows that being ready for kindergarten is a key educational benchmark that leads to continued success in future years.

All children need the support of family, community, and systems to be ready for kindergarten.

Unfortunately, structural racism prevents too many San Francisco children from being ready for kindergarten and achieving their full potential. Black, Latino, Pacific Islander, and Indigenous children, face persistent inequities in health, and social and cognitive skills that support school success.

CORE STRATEGIES

Early Learning

We support teacher preparation and compensation, enhance program quality, and improve affordability and access.

Child Health

We ensure universal developmental screening and promote access to health and mental health services for children and their families.

Family Strength

We ensure that families have opportunities for social and professional connections, linkage to resources, and information on parenting and child development.

STRATEGIC PRIORITIES 2023–2028

Advance racial equity in policy, planning, and service delivery across the early childhood network of care.

Amplify parent voice and influence in shaping policy and programs.

Increase cultural responsiveness of all early childhood development services.

Increase transparency in communications and open access to information and services.

OUTCOMES

Children enter kindergarten with the cognitive, social/emotional, and physical skills that support school success.

Children are in excellent physical and mental health or have reliable access to quality health providers to address concerns.

Parents have the information, resources, and connections to peers and professionals to successfully raise their children in San Francisco.

And race is not a predictor for achieving these outcomes.

IMPACT

All San Francisco children enjoy a solid foundation to support future success.

Vision: Every child in San Francisco has the best start in life and our City is a great place to raise a family.

Planning Process Data Sources

| Activity | Time Period | Description |
|---|----------------|--|
| Listening sessions with FRC attendees | Aug-Oct2022 | 19 listening sessions with 227 participants on topics like: Who visits the 26 FRCs? What does engagement at FRCs look like? What are potential benefits of participation? What do caregivers need right now? |
| Key informant interviews | May 2022 | Twelve 1-hour in-depth interviews with 13 leaders of community and educational organizations around San Francisco with race/ethnicity, gender, and language reflective of San Francisco diversity |
| Parent focus groups | Dec - Jan 2022 | Three focus groups included over 40 Black/African American, Latino/Hispanic monolingual, and Chinese monolingual San Francisco parents reported top needs and suggested strategies according to their personal experiences |
| Kindergarten readiness assessment survey | Fall 2021 | Surveys of 1,323 parent perceptions of children's readiness for kindergarten, along with topics such as attendance, ECE participation, and family needs. Survey available in English, Spanish, and Chinese |

Strategic Planning Sources included: Influencer Interviews, Strategic Planning Advisory Committee, Grantee Input Sessions (3), Parent Pulse Survey (1,565), In-dept Parent Conversation Series (9)



Top Needs for Families in SF



BASIC NEEDS

- Employment & income
- Food
- Housing
- Quality child care
 - Affordable
 - Available
 - Culturally responsive
 - High quality



SUPPORT FOR CHILDREN

- Children with special needs
- Developmental screenings
- Racism & child wellbeing
- Social & emotional support



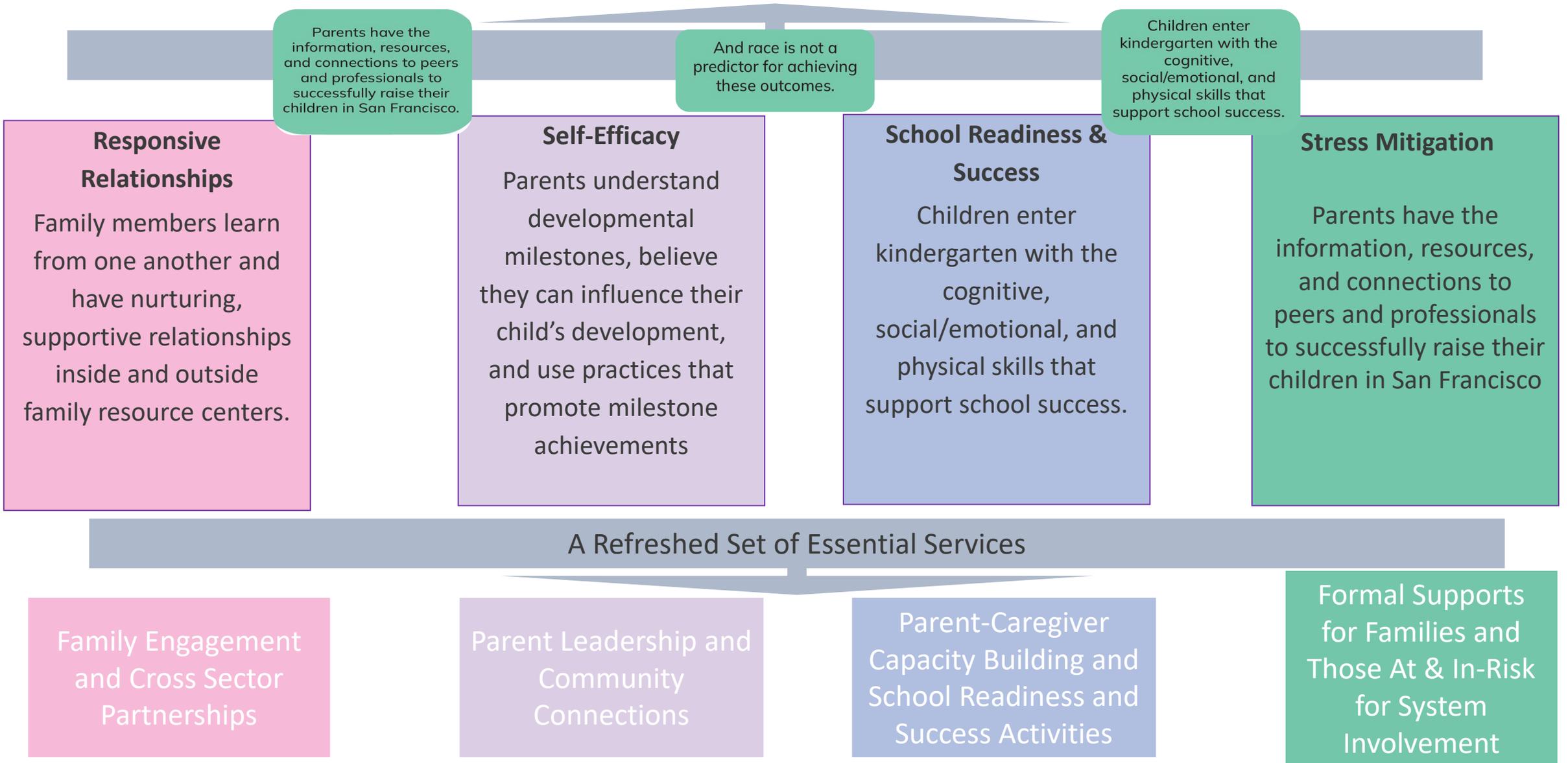
SUPPORT FOR CAREGIVERS

- Information about readiness
- Information on supporting children
- Caregiver to caregiver connection
- Caregiver stress support



Updated FRCI Theory of Change and Logic Model

FRCI Vision: All San Francisco children will enjoy a solid foundation to support their future success.



All FRCs will offer a core set of essential family support services to families with children birth to 17 in a placed-based model serving either a particular neighborhood of San Francisco or a city-wide population.

Early Childhood focus: will offer programming **for families of children birth to 17 with a focus on parenting needs related to pregnancy through 4 years of age** and are funded to serve neighborhoods and populations with special Early Childhood considerations such as high maternal/infant mortality or breastfeeding rates, or high rates of system involvement.

School Age focus: will offer programming **for families of children birth to 17 with a focus on parenting needs related to raising children 4 to 10 years of age and older** and are funded to serve neighborhoods and populations with school readiness and success considerations such as low rates of kindergarten readiness, low test scores, high rates of school absences, or high rates of system involvement.

It is our hope that FRCs will provide ample opportunities for parents and caregivers to experience the joys and strengths of parenting children in these age groups.



FRC with 0-4 Age Focus

Core FRC Services

Welcoming Environment/Family Hangout space/Barrier Removal/Basic Needs/I&R/Cultural or community events/Workshops, Classes, multiage groups/Curriculum Based Parent Ed

Services for parents of children 0-4

Services including but not limited to: Pregnancy/Doula/Lactation/Well-Baby Care/Postpartum Support/Infant-toddler ECE connection/Infant Massage-Infant Playgroups/0-3 service navigation and cross sector partnerships

Services of parents of children 4-10 years

Services dependent on need/request

Services for parents of children 10-17 (limited; everyone does it)

Teen Triple P-Cultural Parent Ed/Teen groups/etc/teen service navigation-cross sector navigation

FRC with 4-10+ Age Focus

Core FRC Services

Welcoming Environment/Family Hangout space/Barrier Removal/Basic Needs/I&R/Cultural or community events/Workshops, Classes, multiage groups/Curriculum Based Parent Ed

Services for parents of children 0-4

Services dependent on need/parent request

Services for parents of children 4-10 years of age

Services include but are not limited to: Education navigation/IEP support/TK-PK-UPK- Kinder support and readiness/OOST parent-child activities/4-10 service navigation and cross sector partnerships/support groups

Services for parents of children 10-17 (limited; everyone does it)

Teen Triple P-Cultural Parent Ed/Teen groups/etc/teen service navigation-cross sector navigation

Service Cluster 1: Family Engagement and Cross Sector Partnerships

| Essential Service | Neighborhood/Population | Early Childhood | School Age |
|--|-------------------------|-------------------------|-------------------------|
| Intake and Retention | Required for both | | |
| Direct and Indirect Outreach | Required for both | | |
| Cross Sector Partnerships, Referral Paths and Connections | | Age stratified required | Age stratified required |

Service Cluster 4: Formal Supports for Individual Families and Those At-Risk for System Involvement

| A. Essential Service | B. Neighborhood/Population | Early Childhood | School Age |
|---|---|-----------------|------------|
| Basic Needs | Required for both | | |
| Information and Referral; Family Advocacy; Case Management | Both types of FRC will offer at least 1 or more of these services. | | |
| Differential Response/Family First Preservation Services Act (FFPSA) | API Immigrant (1) Bay View (2) Chinatown (1) Homeless Families (1) Mission (1) OMI (1) Potrero (1) Visitacion Valley (1) Western Addition (1) | | |
| Enhanced Visitation | API Immigrant (1) Bay View (2) Chinatown (1) Homeless Families (1) Mission (1) OMI (1) Potrero (1) Visitacion Valley (1) Western Addition (1) | | |
| Mental Health Services | API Immigrant (1) Bay View (2) Chinatown (1) Homeless Families (1) Mission (1) OMI (1) Potrero (1) Visitacion Valley (1) Western Addition (1) | | |

FRC Activities Guide

FRC Initiative Activities Guide

The following is meant to guide scope of work/activity planning for the FRC Initiative. Each Family Resource Center develops a Scope of Work in negotiation with DEC and with consideration to funding level, Early Childhood or School Age focus, neighborhood and populations served, and agency capacity. Items with asterisks are required elements for all FRCs.

| Service Cluster 1: Responsive Relationships: Family Engagement and Cross Sector Partnerships | | |
|---|--|-------------------------------------|
| <i>Family Engagement</i> | <i>Cross Sector and Referral Partnerships</i> | <i>Discretionary/Other Services</i> |
| Intake & Retention* | Partnership Development and Maintenance* | |
| Direct and Indirect Outreach and Engagement* | Coordinated Referral Processes | |
| Basic Information and Referral* | Co-location of Services | |
| FRC Collaborative Meetings | | |
| Participant Objectives: | 1a. Families are knowledgeable about basic needs and how to navigate services 1b. Families in/at risk obtain help when needed and develop long-term strategies for family stability | |
| Annual Program Objectives | <ul style="list-style-type: none"> Engagement, enrollment, and retention of at least 15% new, unduplicated participants year over year. | |





Discussion and possible action to approve the Request for Proposals (RFP) DEC24-2: Family Resource Center Initiative

- Staff recommends approval of this item with the following conditions and considerations:
 - ✓ Application and minimum qualifications will be added
 - ✓ City Attorney may require edits and adjustments
 - ✓ Dollar amounts may shift slightly

7. Help Me Grow and Developmental Screening Initiative

Early Intervention and Specialized Services System of Care RFP

Commission Update and Approval
October 4, 2023



San Francisco Department of
Early Childhood



From single funded HMG program with heavy provider emphasis . . .



Step 4: Connect

Referral for Service Navigation Support



Step 3: Respond

Coordinated On-site, Child-focused Response



Step 2: Engage

Site-wide Parent/Provider Engagement & Education

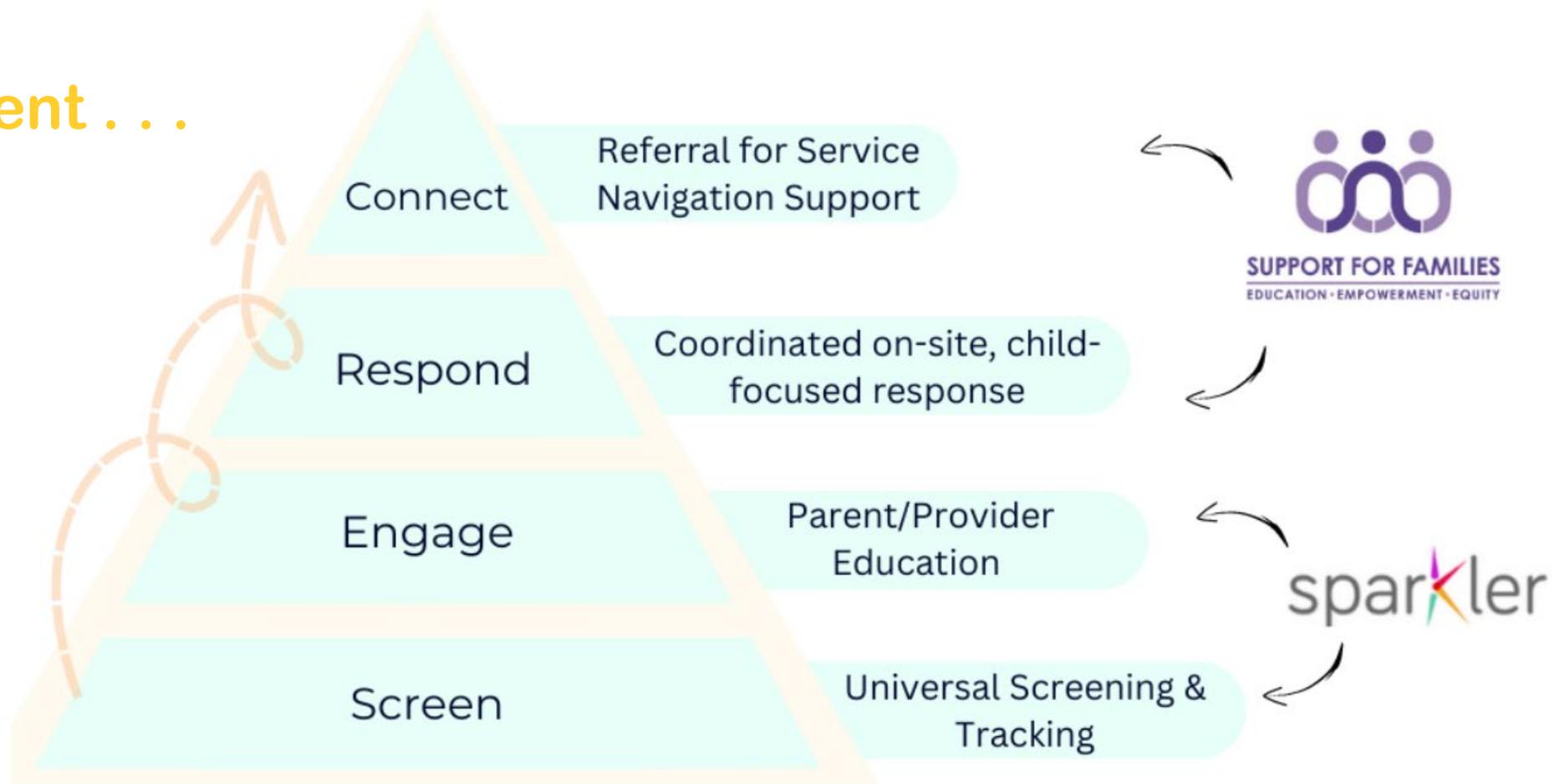


Step 1: Screen

Universal Screening & Tracking



... to expanded screening and parent engagement ...

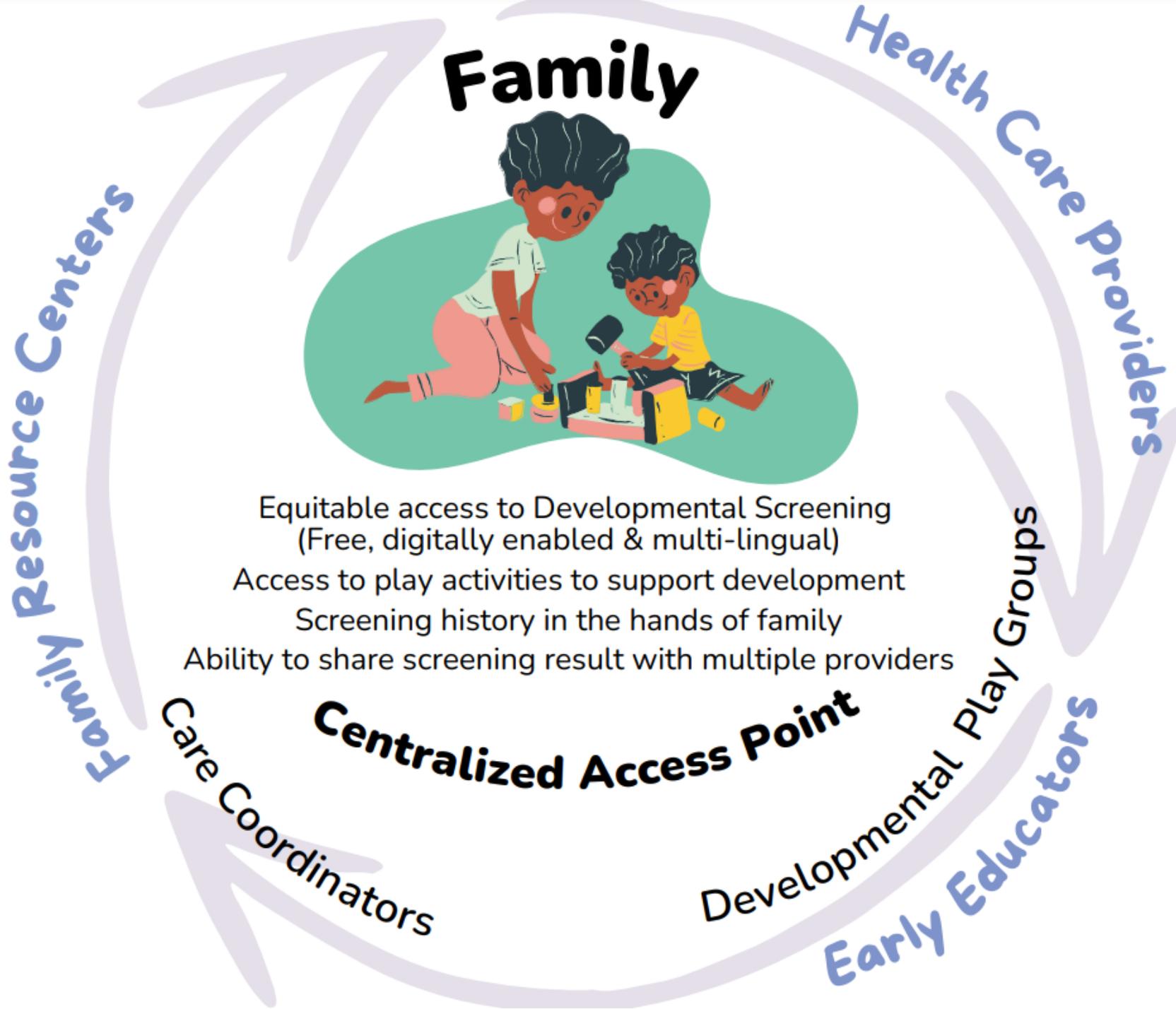


Recent Experience Shared by Parent Workgroup Participant:

One of her children was able to be detected with special needs early on, and another flew under the radar. She highlighted the struggles that come with obtaining developmental screenings, early detection, and services for children of color. She spoke about not being believed by her primary care provider when she brought concerns about her child's development to their attention.



... to
integrated
system of
care with
families at
the center





Early Intervention and Specialized Services System of Care RFP is intended to form a consolidated Early Intervention service system from complementary parts that were more siloed in previous grant-making and to enhance service components for children with moderate to high risk for developmental delays.

- **Children with Special Health Care Needs and Early Intervention Family Resource Center** (one provider)
- **Centralized Access Point** (one provider)
- **Developmental Play Groups** (multiple providers)
- **Care Coordination** (multiple providers)





Services

- **Children with Special Health Needs and Early Intervention Family Resource Center** - FRC services will follow frameworks established in the FRC Initiative.
- **Centralized Access Point:** Provide a hub for information about child development, developmental delays, and disability; information and access to developmental screening and immediate follow-up; support to care coordination and additional service referrals.
- **Developmental Play Groups:** Easy to access, culturally responsive playgroups for children birth to 3, exhibiting mild to moderate delays, but not eligible for formalized early intervention.
- **Care Coordination:** Care coordination and individualized support for families with children 0 -5 who have multiple care provider needs and/or are at risk for a developmental delay.

Short-term Outcomes

- 1) All participating children will have a current developmental screening; screening will inform ongoing support strategies.
- 2) Triageing and support strategies will be offered to parents for all children with identified risk or concerns.
- 3) All participants in developmental playgroups will gain skills on developmental milestones; at least 75% will no longer be in monitoring zone for risk of developmental delay or disorder.
- 4) All children referred to care coordination receive timely response and linkage to resources and services.
- 5) All service data will be disaggregated by race/ethnicity and race will not be a predictor in achieving outcomes.

Children are in excellent physical and mental health or have reliable access to quality health providers to address concerns.

Parents have the information, resources, and connections to peers and professionals to successfully raise their children in San Francisco.

IMPACT

All San Francisco children enjoy a solid foundation to support future success.

Long-term Outcomes

By Kindergarten Entry:
100% of children have had a developmental screen

By Kindergarten Entry:
100% of children are connected to needed services and supports

Additional System of Care Goals:

- 1) Families will have more options for early intervention services throughout the city.
- 2) All components of the system will coordinate with other partners in the Early Intervention and Specialized Services System of Care and broader HMG and FRCI network.
- 3) Staff funded by the system of care will have the qualifications, competencies and skills to implement activities for children and families across multiple age ranges, giving equal focus to families' needs and circumstances at both the early ages and school-ages, and collaborate within and across agency staff and partners so that families have a continuum of service as their children grow.
- 4) Create awareness in communities about the existence of such as service to ensure those in need are utilizing it.
- 5) Ensure cultural congruency, sense of belonging, and inclusivity in services provided.
- 6) Ensure that all families, regardless of race, ethnicity, socioeconomic status or geographic location, can access these services.





Discussion and possible action to approve the Request for Proposals (RFP) DEC24-1: Early Intervention and Specialized Services System of Care

- Staff recommends approval of this item with the following conditions and considerations:
 - ✓ Application and minimum qualifications will be added
 - ✓ City Attorney may require edits and adjustments

More on Early Identification in San Francisco

Developmental Screening Updates

What is sparkler ?



Free Mobile app for families:

- Ages & Stages Questionnaires
- Library of play-based learning prompts
- Library of parent tips
- Connection between providers and families (2-way messaging)

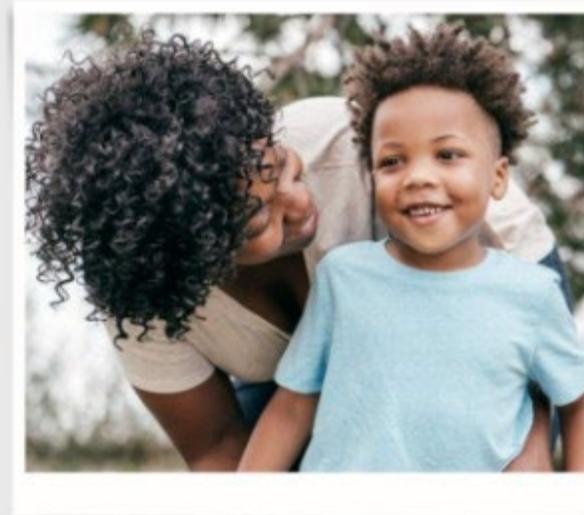


Web-based dashboard for providers:

- Monitor families' learning activity & screening
- Data visualization, analytics, downloads, reporting
- Build a connection with families using 2-way content-based messages

Overview of SF Implementation

In 2019, San Francisco started sharing Sparkler in a small number of programs to increase access to developmental screening and to boost support for families. Over the last year Sparkler & DEC have partnered to introduce Sparkler more broadly to families with young children and to programs serving those families, approximately doubling the number of children served in SF and vastly increasing the numbers of schools and local partners supported.



In all, there are 135 programs total, including:

- 49 Early Care and Education Centers
- 64 Family Child Care Centers
- 17 Family Resource Centers
- 5 Healthcare Providers

Admins: We have set up and trained 386 SF providers to use Sparkler with families.

Training: 13 open house sessions and more than 500 sign-ups, plus group and site-level orientation & training for providers.

9. Update on Annual Audit and State Report



10. COMMISSIONER UPDATES

11. EXECUTIVE DIRECTOR UPDATES



Adjourn

 San Francisco Department of
Early Childhood

